

# TRANSITIONS AND SAFETY: USING SENSORIMOTOR ART THERAPY FOR DEVELOPING CREATIVE OPTIONS TO SUPPORT OUR CLIENTS.

This workshop will find participants engaging in their own exploration of what they might need in times of difficulty. The participants will have an opportunity to have a body focused, hands-on experience noticing how their bodies inform them as they explore their own needs and a felt sense of safety.

## Learning objectives.

In this workshop participants will learn:

- How to engage in a focusing exercise to enable access to their internal 'felt' sense.
- Ways to amplify an experience for clients.
- The importance of a transitional object.



18<sup>th</sup> October 2023  
10:20 to 11:20



Erth, Abu Dhabi

Presented by

## Chris Storm



Register Now

