

SOLUTION-FOCUSED BRIEF ART THERAPY (SFBAT)

Theory and Practice of Solution-Focused Brief Therapy.

- Application of theory in art therapy.
- Major components of SFBAT
- Expressing Best Hopes
- Finding Resourceful Imagery
- Scaling
- Imagining Preferred Future
- Painting the History of the outcome
- Conclusion
- SFBAT with Refugees "Case Study"

Workshop Objectives:

1. To present SFBAT with violence and refugees.
2. Understanding the basic elements of SFBAT applications and practice.
3. Expanding the boundaries of art therapy theory and practice in the GCC area.



18th October 2023
13:40 to 16:10



Erth, Abu Dhabi

Presented by

Dr. Awad Mubarak Al-Yami



17 - 18 أكتوبر 2023 فندق إرت - أبوظبي ERTH HOTEL, ABU DHABI

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